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One question we are often asked is what do we do with the survey results that come back. Last year we had two important student surveys. The data collected from the student Schollie and COMPASS surveys conducted in March 2022 indicated the following areas of student need. They include:

1. Bullying and Healthy Relationships
2. Mental Health / Anxiety
3. Females Displaying Increased Negative Behaviours
4. Screen Time Use

The counseling department has examined these surveys and put together a comprehensive plan to address the concerns. The 2022-2023 SJHS comprehensive school counseling plan will address these identified areas of student need throughout the school year.

School-Wide Universal Presentations and Information	Monday TAG Presentations for All Students	Class Presentations and Targeted Information	Wellness Wednesday Flex Sessions
Legacy One - Addresses struggles students are facing	September - Setting Yourself Up for Success	Gr. 10 - Street Ties - Sexual Exploitation	Smile Cookies
RCMP - Social Media Use	October - Healthy Relationships	Gr. 10 - CASASC - Healthy Dating Relationships 101	Rock Painting
October - Go Blue for Child Abuse Prevention	November - Conflict Resolution Skills	Gr. 11 - RCMP - Vaping and Drug Information	Healthy Snacks
November - Bully Awareness, Safe and Caring Week	January - Helping Skills & Supporting a Friend	Counsellor in the Classroom - CALM Class - Kids Help Phone	Yoga
November - Crime Prevention Event	February - Random Acts of Kindness	September - New to the Nest Pizza Lunch	Medicine Wheel Design
November - Teen Driver Safety Information	May - Toxic Stress vs Healthy Stress	October - Turkey Lunch	Board and Card Games
January - Bell Let's Talk	June - Study Skills and Final Exam Prep	December - SADD Liquor Bag Campaign	Coloring Pages for Stress Reduction
February - Random Acts of Kindness		May - The Climb CACAC Girls Youth Conference	Stretch and Breathe Away Stress
May - Mental Health Awareness Week - Hats On! for Mental Health			Career Investigation
Counsellor Google Classroom with Information and Resources			Resumes, Cover Letters
Social Media Mental Health Information			Scholarship Information

If you have any questions about the student survey data or counseling plan information, please contact one of the school counselors or administrators at 403-341-4423.

"Grounded in Faith. Soaring to Excellence"